

# Learning Through Experience

Location : Compressor  
Station Project - Mexico

Incident Type : General Illness

Date: 26/07/2016

## What happened?

Two subcontractor workers were affected by **Dengue** while working at the Compression Station near by the town of Cañada Rica .

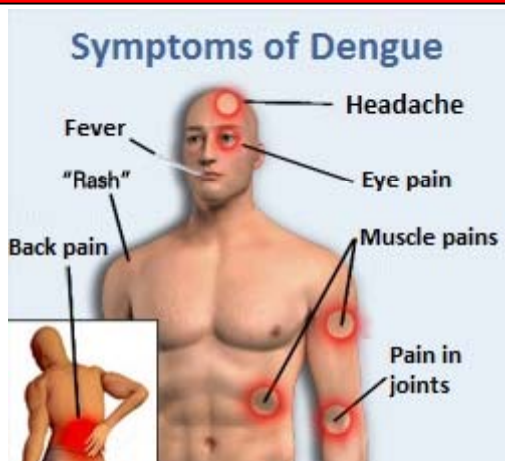
The detection of the illness was effected during the daily checks performed by the paramedics, the workers had bone pain, tachycardia and high fever.

The workers were accompanied to IMSS (the local social insurance institute), where the diagnosis of Dengue was confirmed.

The workers are being medically treated and they will return to work when their health will be restored.



## WHAT IS DENGUE?



Dengue is a disease caused by a virus and it is transmitted to people through a mosquito bite which carries the disease.

Dengue does not spread from one person to another and currently there is no vaccine to combat it. It is common in tropical and subtropical regions and places where water stagnates.

There are 3 different manifestations of the disease, which are:

- Dengue Fever
- Hemorrhagic Fever
- Hemorrhagic Shock

## RECOMMENDATIONS

- Use clothing that covers most of your body
- Do not expose yourself to the bite of mosquitoes
- Use mosquito repellent
- Use a canopy or cloth to cover completely your bed
- Install screens on doors and windows
- Prevent trash from accumulating
- Do not leave containers where water collects
- Wash constantly water containers, tanks and cisterns
- Use larvicides in containers to eliminate mosquito larvae
- Use special insecticides to kill mosquitoes in their adult phase.

## Eliminate breeding sites



**No mosquitoes no Dengue!**

**HSE – is not just what you say, it's what you do!**