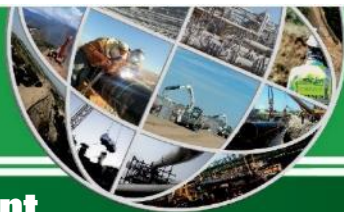


LESSON LEARNT



PREPARED BY: Corporate QHSE Dept.

N° 04/2022 Date: April 2022

OBJECT SICIM GOLDEN RULE # 5 - LIFTING

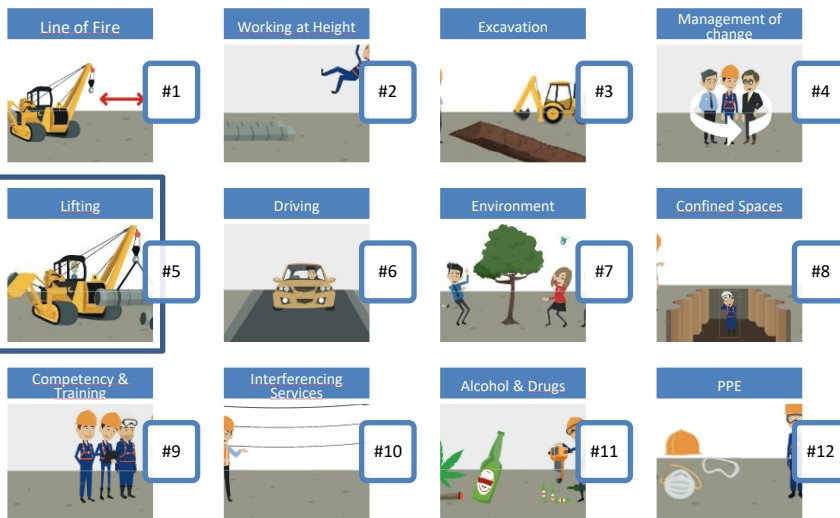
We are glad to introduce the NEXT SICIM GOLDEN RULE!

The HSE golden rules are available on company web site and Future Inside Tool app in five languages: Italian, English, Spanish, Arabic and Kazakh.

Golden Rules are released one per week, to ensure adequate focus on each rule.

Follow us in this "12 weeks trip" to a healthier and safer job!

The fifth golden rule is about the lifting risks.



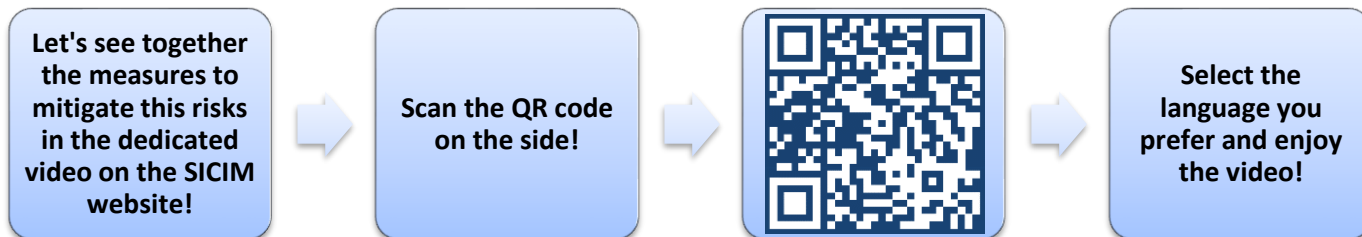
SICIM Golden Rule #05 LIFTING

"I will not walk or stand under a suspended load"

What is lifting? The Cambridge dictionary defines lifting as "to take hold of and raise something in order to remove, carry, or move it to a different position."

The main hazards involved in lifting operation are:

- Failure of equipment/lifting gears;
- Overturning of lifting equipment;
- Falling of load and loose materials;
- Contact with overhead power line and existing facilities;



SEE THE VIDEO AND SHARE THE QR CODE!

Stay connected with us: Sicim Golden Rule #6 will be available from April 11th !!!

RECEPTION BY THE PROJECT

WHICH ACTIONS IDENTIFIED TO BE IMPLEMENTED IN THE PROJECT:

Project Manager:

Signature:

HSE Project Manager:

Signature: